

The attached document was submitted to the  
**Washoe County Board of Commissioners** during  
the meeting held on OCTOBER 8, 2019.  
by COMMISSIONER JUNG  
for Agenda Item No. G  
and included here pursuant to NRS 241.020(8).

# RECREATION/EDUCATION

## CITY OF RENO SENIOR SERVICES

[www.Reno.gov/Seniors](http://www.Reno.gov/Seniors)  
Information: (775) 657-4602  
Scholarships: (775) 334-2046

## EVELYN MOUNT NORTHEAST CENTER

(775) 334-2262

## NEIL ROAD RECREATION CENTER

(775) 689-8484

## TEGLIA'S PARADISE PARK

(775) 356-3176

## OSHER LIFELONG LEARNING (OLLI)

[www.OLLI.UNR.edu](http://www.OLLI.UNR.edu)  
Classes & Activities: (775) 784-8053

## TMCC SILVER COLLEGE

[www.TMCC.edu/WorkForce-Development-Community-Education/](http://www.TMCC.edu/WorkForce-Development-Community-Education/)  
Classes & Activities: (775) 829-9010

# TRANSPORTATION

## ACCESS TO HEALTHCARE

Free van service for health needs  
[www.AccessToHealthCare.org](http://www.AccessToHealthCare.org)  
(844) 469-4932

## NEIGHBOR NETWORK OF NORTHERN NEVADA (N4)

Transportation (Lyft discounts); time exchange; volunteer village  
[www.NeighborNV.org](http://www.NeighborNV.org)  
(775) 331-5138 453-4774

## RTC (REGIONAL TRANSPORTATION COMMISSION)

ACCESS bus, discounted fares, Taxi Bucks  
[www.RTCWashoe.com/Public-Transportation-Operations-2-91.html](http://www.RTCWashoe.com/Public-Transportation-Operations-2-91.html)  
(775) 348-0477



## RENO VICINITY ELDER SERVICES: FREE GUIDES & RESOURCES

Caregiving | Financial | Education | Legal  
Healthcare | Housing | Insurance | Nutrition

### INFO 2-1-1

Connect to Nevada services and information  
[www.Nevada211.org](http://www.Nevada211.org)  
Dial 2-1-1 or 1-866-535-5654

### AARP: Nevada

[www.AARP.org/States/NV](http://www.AARP.org/States/NV)  
(866) 389-5652

### ADMINISTRATION ON AGING

[www.AOA.gov](http://www.AOA.gov)  
Eldercare locator: (800) 677-1116

### NATIONAL COUNCIL ON AGING - BENEFITS CHECK UP

[www.BenefitsCheckUp.org](http://www.BenefitsCheckUp.org)  
(571) 527-3900 (NCOA Headquarters)

### GOLDEN PAGES & SENIOR SPECTRUM

Resource catalogue & monthly magazine  
[www.SeniorSpectrumNewspaper.com](http://www.SeniorSpectrumNewspaper.com)  
(775) 348-0717 or toll free (800) 253-3713

### NV AGING & DISABILITY SERVICES DIVISION

Resources, services navigation  
[www.ADSD.NV.gov](http://www.ADSD.NV.gov) | (775) 688-1341

### NV DIVISION OF WELFARE AND SUPPORTIVE SERVICES

[www.DWSS.NV.gov](http://www.DWSS.NV.gov) | (775) 684-7200

### NV SENIOR GUIDE

[www.NVSeniorGuide.com](http://www.NVSeniorGuide.com) | (702) 269-9290

## NEW LIFESTYLES

Guide to senior living & care  
[www.NewLifeStyles.com](http://www.NewLifeStyles.com) | (800) 869-9549

## NORTHERN NEVADA DISABILITY ACCESS

[www.NNVDAccess.com](http://www.NNVDAccess.com)

## NORTHERN NEVADA VETERANS RESOURCE CENTER

[www.VetsResource.org/VRC-Northern-Nevada.html](http://www.VetsResource.org/VRC-Northern-Nevada.html) | (775) 284-8387

## RENO DIRECT

Non-emergency service center  
[www.Reno.gov/RenoDirect](http://www.Reno.gov/RenoDirect) | (775) 334-4636

## SENIOR CONNECT

Monthly City of Reno senior programs  
[www.Reno.gov/Seniors](http://www.Reno.gov/Seniors) | (775) 657-4602

## SOCIAL SECURITY

[www.SSA.gov](http://www.SSA.gov) | (888) 808-5481

## SOLUTIONS AND RESOURCES ASSOCIATES - (SARA)

[www.AskSARA.org](http://www.AskSARA.org) | (775) 742-3288

## WASHOE 3-1-1

Washoe County services and information  
[www.WashoeCounty.us/Contact.php](http://www.WashoeCounty.us/Contact.php)  
Dial 3-1-1 or (775) 328-2003

## WASHOE COUNTY HUMAN SERVICES AGENCY: SENIOR DIVISION

[www.WashoeCounty.us/SeniorsRV](http://www.WashoeCounty.us/SeniorsRV)  
(775) 328-2575

## WASHOE COUNTY LIBRARY SYSTEM

[www.WashoeCountyLibrary.us](http://www.WashoeCountyLibrary.us)  
(775) 327-8300

: Free/Low Cost

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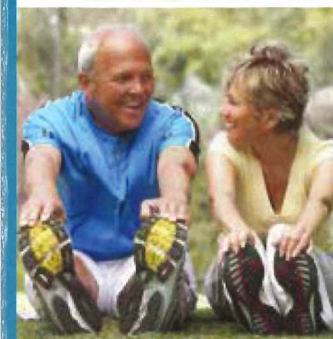


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RENO, SPARKS, WASHOE COUNTY

# ELDER SERVICES GUIDES & RESOURCES



To talk or schedule an appointment with a Senior Health Advocate Volunteer, an electronic version of this brochure, or with questions please contact:

**Center for Healthy Aging**  
[www.AddingLifeToYears.com](http://www.AddingLifeToYears.com)  
[Info@AddingLifeToYears.com](mailto:Info@AddingLifeToYears.com)  
(775) 237-8375

Made possible by the support of the City of Reno Senior Citizen Advisory Committee, Washoe County, Center for Healthy Aging, and No NV Building & Construction Trades Department

## CAREGIVING

- ALZHEIMER'S ASSOCIATION**  
 Caregiver support, training, respite  
[www.ALZ.org/NorCal](http://www.ALZ.org/NorCal) | (775) 786-8061

- CAREGIVER ACTION NETWORK**  
 Caregiver support, training  
[www.CareGiverAction.org](http://www.CareGiverAction.org) | (202) 454-3970

- SENIORS IN SERVICE**  
 Volunteer companions, care, respite, transportation, foster grandparents  
[www.SeniorsInServiceNevada.org](http://www.SeniorsInServiceNevada.org)  
 (775) 358-2768

- SENIOR OUTREACH SERVICES (SOS)**  
 Companions, care, transportation  
[www.DHS.UNR.edu/Aging/Outreach/SOS](http://www.DHS.UNR.edu/Aging/Outreach/SOS)  
 (775) 784-7506

- COMMUNITY FOUNDATION OF WESTERN NEVADA**  
 Caregiving Resources  
[www.WashoeCareGivers.org](http://www.WashoeCareGivers.org) | (775) 333-5499

## HEALTH/SOCIAL SERVICES

- CAP TEL**  
 Captioned Telephone for hearing impaired  
[www.OEIOUS.org/Profile/RachelVelez](http://www.OEIOUS.org/Profile/RachelVelez)  
 (702) 595-7730 | (877) 473-4003 (Toll-Free)

- CARE CHEST OF THE SIERRA**  
 Medical equipment, supplies, education  
[www.CareChest.org](http://www.CareChest.org) | (775) 829-2273

- CENTER FOR HEALTHY AGING**  
 Elder Gap/Lifeline/Sr Health Advocate  
[www.AddingLifeToYears.com](http://www.AddingLifeToYears.com) | (775) 237-8375

- SANFORD CENTER FOR AGING, UNR**  
 Elder education, outreach, research  
<http://Med.unr.edu/Aging/>  
 Center for Aging: (775) 784-4774  
 Geriatric Clinic: (775) 784-6377

## ADULT DAYCARE AGENCIES

- DAYBREAK**  
[www.WashoeCounty.us/SeniorsRV/Adult\\_Day\\_Health/Index.php](http://www.WashoeCounty.us/SeniorsRV/Adult_Day_Health/Index.php) | (775) 328-2591

- MORE TO LIFE ADULT DAY HEALTH CENTER**  
[www.AdultDayCareReno.com](http://www.AdultDayCareReno.com)  
 (775) 358-1988

- THE CONTINUUM**  
 Adult daycare plus home modifications  
[www.ContinuumReno.com](http://www.ContinuumReno.com) | (775) 829-4700

## HEALTHCARE

- ACCESS TO HEALTHCARE**  
 Home of Aging and Disability Resource Center (ADRC); affordable housing; State Health Insurance Program (SHIP); nonemergency transportation; medical discount program; Respite Rx Program  
[www.AccessToHealthCare.org](http://www.AccessToHealthCare.org)  
 (775) 284-8989

- COMMUNITY HEALTH ALLIANCE**  
[www.ChaNevada.org](http://www.ChaNevada.org) | (775) 329-6300

- NV SENIOR/RX & DISABILITY RX**  
 Medicare prescription help  
[www.ADSD.NV.gov/Programs/Seniors/SeniorRx/SrRxProg/](http://www.ADSD.NV.gov/Programs/Seniors/SeniorRx/SrRxProg/)  
 (775) 687-0539 or (866) 303-6323 (statewide)

- NORTHERN NV HOPES**  
[www.NNHopes.org](http://www.NNHopes.org) | (775) 786-4673

- STATE HEALTH INSURANCE PROGRAM (SHIP)**  
 Medicare Counseling  
[www.ShipTaCenter.org](http://www.ShipTaCenter.org)  
 Helpline: (844) 826-2085  
 Reno Office: (775) 284-8989

## HOUSING

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## FOOD/NUTRITION

- HOUSING & URBAN DEVELOPMENT**  
[www.HUD.gov/Nevada](http://www.HUD.gov/Nevada)  
[www.GoSection8.com](http://www.GoSection8.com)  
 (775) 329-3630

- NEVADA HOUSING DIVISION**  
[www.NVHousingSearch.org](http://www.NVHousingSearch.org)  
 (877) 428-8844

- NV RURAL HOUSING AUTHORITY**  
 Home ownership/rental assistance  
[www.NVRural.org](http://www.NVRural.org) | (775) 887-1795

- RENO HOUSING AUTHORITY**  
[www.RenoHA.org](http://www.RenoHA.org) | (775) 331-5138

- VOLUNTEERS OF AMERICA**  
 Homeless shelter, senior housing  
[www.VOA-NCNN.org/Northern-Nevada](http://www.VOA-NCNN.org/Northern-Nevada)  
 (775) 324-2622, ext 101

- WASHOE COUNTY INCOME-BASED SENIOR HOUSING GUIDE**  
[www.WashoeCounty.us/SeniorsRV](http://www.WashoeCounty.us/SeniorsRV)  
 (775) 331-5138

## LEGAL SERVICES

- ELDER PROTECTIVE SERVICES**  
[www.ADSD.NV.gov/Programs/Seniors/EPS/EPS\\_Prog/](http://www.ADSD.NV.gov/Programs/Seniors/EPS/EPS_Prog/)  
 (775) 687-0800 or (888) 729-0571

- NEVADA LEGAL SERVICES**  
[www.NLSLaw.net](http://www.NLSLaw.net) | (775) 284-3491

- WASHOE COUNTY PUBLIC GUARDIAN**  
[www.CO.Washoe.NV.us/Guardian/](http://www.CO.Washoe.NV.us/Guardian/)  
 (775) 674-8800

- WASHOE LEGAL SERVICES**  
[www.washoelegalservices.org](http://www.washoelegalservices.org)  
 (775) 329-2727 or (775) 338-0606

- ASSISTANCE LEAGUE - PANTRY**  
[www.RenoSparks.AssistanceLeague.org](http://www.RenoSparks.AssistanceLeague.org)  
 (775) 329-6658

- FOOD BANK OF NORTHERN NV**  
 Food distribution sites  
[www.FBNN.org](http://www.FBNN.org) | (775) 331-3663

- FOOD STAMP PROGRAM**  
 Nevada State Welfare  
[www.DWSS.NV.gov/SNAP/Food/](http://www.DWSS.NV.gov/SNAP/Food/)  
 (775) 684-7200

- CATHOLIC CHARITIES OF NNV ST VINCENT'S PROGRAMS**  
 Food pantry, meals, senior nutrition  
[www.CCSNN.org/Food.html](http://www.CCSNN.org/Food.html)  
 (775) 786-5266 ext. 1 or (775) 322-7073

- WASHOE COUNTY SENIOR SERVICES NUTRITION PROGRAM**  
[https://www.washoecounty.us/seniorsrv/nutrition/home\\_delivered\\_meals.php](https://www.washoecounty.us/seniorsrv/nutrition/home_delivered_meals.php)  
 Home Delivery: 775-328-2590  
 General: 775-328-2575 ext. 4



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