

Upcoming Senior Events

Reno Senior Citizen Advisory Committee

--Monthly, Second Tuesdays 3 pm
Contact Donna for location monthly

Washoe Co. Sr. Services Advisory Board

--Monthly, First Wednesdays 3 pm
Washoe Co Sr Center 9th St

Age Friendly Livable Reno
Action Group meetings

-- Monthly, Last Thurs. – 1:30 pm
Evelyn Mount NE Community Center

Table at Community Engagement Fair

-- February 5, 2019, 4pm-6pm
Reno Sparks Convention Center

Senior Advocacy Training Session
RSVP by Feb 8*

-- February 15, 2019, 2-4pm
Washoe Co. Sr Center 9th St.

Transportation to Senior Day
RSVP by Feb 8*

-- February 22, Bus leaves 7:30 am
from Washoe Co Sr Ctr 9th St.

Senior Day at the Legislature
RSVP by Feb 8*

-- February 22, 2019 8am-3pm

Older Americans Month - May 2019
"Connect, Create, Contribute"

--Ideas discussed at Feb/Mar sr adv.
board meetings; due 3/29/19

-- Opening Ceremonies, May 1, 10 am
Washoe Co. 9th St. Sr Center

-- Stuff a Bus for Seniors May 23-24
2019, 3-6 pm Sam's Club

--Closing Ceremonies, May 31, 10am
City of Reno, TBD

*RSVP to Donna
donnanorm1@yahoo.com
775 240 2745

2019 Nevada Commission on Aging: Top Legislative Priorities & Local Resources
NV Legislature www.leg.state.nv.us 775 684 6740; Message Center 775 684 6789

- **Access to services**

City of Reno – Reno Direct - 775 334 INFO renodirect@reno.gov
Washoe County – Washoe 311 - Dial 311 – <https://www.washoecounty.us/contact/php>
Washoe County Senior Division – 775 328 2575 www.washoecounty.us/seniorsrv
City of Sparks - 775 353-2350 - <https://cityofsparks.us/>
ADRC – Aging & Disability Resource Center – 877 861 1893 www.accesstohealthcare.org
Center for Healthy Aging – 775 237 8375 www.addinglifetoyears.com

- **Living alone with dementia**

Alzheimer's Association - 775 786 8061 <http://www.alz.org/norcal>

- **Legal rights and older adults**

Elder Protective Services 775 687 0800 http://adsd.nv.gov/programs/seniors/EPS/EPS_Prog/
Senior legal helpline – 775 332 0606 www.washoelegalservices.org
Washoe County Public Guardian – 775 674 8800 www.co.washoe.nv.us/guardian

- **Caregiving/Respite care**

Alzheimer's Association - 775 786 8061 <http://www.alz.org/norcal>
Washoe County Caregivers 775 333 5499 <http://washoecaregivers.org>
Adult daycare – Washoe County's Daybreak 775 328 2591; The Continuum 775 829 4700
www.continuumreno.com
Seniors in Service – 775 358 2768 www.seniorsinservicenevada.org

- **Affordable housing**

ADRC – see above
Reno Housing Authority at www.renoha.org, 775 329-3630
Nevada Housing Division www.nvhousingsearch.org or call toll free at 877 428-8844

Food/Nutrition

Washoe County Home Delivered Meals – 775 328 2575 x4
https://www.washoecounty.us/seniorsrv/nutrition/home_delivered_meals.php
Food Bank of Northern Nevada 775 331 3663 www.fbnn.org
Catholic Charities of NNV – 775 786 5266 x1 or 775 322 7073 www.ccsnn.org/food.html

Transportation

RTC 775 348 0477 <http://www.rtcwashoe.com>
Access to Healthcare 844 469 4932 www.accesstohealthcare.org
Neighbor Network Northern Nevada (N4) 775 453 4774 www.neighbornv.org

Social and Community Engagement

City of Reno Senior Services - 775 657 4702 www.reno.gov/seniors
OLLI – Osher Lifelong Learning 775 784 8053 <https://olli.unr.edu>
AARP Nevada - 866 389 5652 www.aarp.org/state/nv
TMCC Silver College – 775-829-9010 <http://www.tmcc.edu/workforce-development-community-education/programs/>